

Schizandra Plus

Ordering Details
#0022



Environment pollutants attack our bodies every day. We are constantly bombarded by "free radicals" that can damage our cells. Free radicals are produced by tobacco smoke, air pollution, ultraviolet rays, herbicides, toxic chemicals, saturated fats and stress. In fact, a stressful lifestyle further robs our bodies of our natural supply of antioxidants.

We do our best to fight back. Doctors and scientist tell us to exercise and eat foods containing antioxidants, such as fruits, vegetables and grains; however, in today's hectic world, we don't always have the time or opportunity. That's why millions of people take vitamin and mineral supplements in an effort to support healthy immune systems.

The colourful berries of the Schizandra plant have been a staple of Chinese herbalists for centuries and are known throughout Asia for their positive effect on the body. Schizandra is considered a great source for adaptogens, known to help our bodies adjust to environmental conditions.*

Supplement Facts

Serving Size: 1 Tablet Servings Per Container: 60

	Amount Per Serving	%DV **
Vitamin A (100% as beta-carotene)	2500 IU	50%
Vitamin C (as ascorbic acid and ascorbyl palmitate)	40mg	67%
Vitamin E (as dl-alpha tocopheryl acetate)	20 IU	67%
Vitamin B-6 (as pyridoxine hydrochloride)	10mg	500%
Pantothenic acid (as d-calcium pantothenate)	5mg	50%
Calcium (as calcium sulfate)	79mg	8%
Selenium (as yeast)	50mcg	71%
Exclusive Blend	125mg	†
Kelp, Cellulose, Ribonucleic Acid (Yeast), Deoxyribonucleic Acid (Yeast), Superoxide Dismutase, Bee Pollen, Catalase, Citrus Bioflavonoids and Sea Bed Deposits.		
Schizandra (fruit)	90mg	†
L-Cysteine	10mg	†
L-Phenylalanine	10mg	†

Discussion Points

- **Helps your body help itself:** The adaptogens contained in Schizandra Plus help counteract energy loss from stress or environmental pollution.* These nutrients affect the energy supply to the cells, energising them even when the body is subjected to adverse conditions.*
- **From folklore to modern use:** According to the folklore, Schizandra fruit has long been used for speedy re-energising and to relieve fatigue.
- **Selenium works synergistically with vitamin E:** Eating fruits, herbs and vegetables grown in selenium-rich soil may be beneficial. However, there are many places where the soil's selenium level is low. Schizandra Plus combines vitamin E and C with selenium for maximum antioxidant support.*
- **Combine with other products:** Schizandra Plus can be used in conjunction with the ShapeWorks™ Weight-Management Programmes and Herbalife's entire line of nutritional products.

Did You Know?

Adaptogens, the key nutrients found in Schizandra, are not found in everyday foods and were largely unknown to most of the world for centuries. In the 1970s, Russian scientists named them the "missing nutrients" when they were discovered in Schizandra berries and other plants growing in the the mountainous regions of Tibet, North Korea and Siberia.

Fast Facts

- Contains schizandra berries which are adaptogens that help the body to adjust to environmental conditions.*
- Includes vitamin E, an important fat-soluble vitamin with antioxidant qualities that prevents deterioration of lipids and essential oils, including Omega-3 fatty acids.*
- Contains selenium, a trace element associated with fat metabolism.*
- Has ascorbyl palmitate, a fat-soluble form of vitamin C that activates its antioxidant activity in the fatty tissues of the body.*

Other Ingredients: Micro-crystalline cellulose, stearic acid, silicon dioxide, cross-linked sodium carboxymethylcellulose, food grade shellac and hydroxypropyl cellulose.

Phenylketonurics: Contains Phenylalanine.

Suggested Serving: Take one tablet two times per day, preferably one in the morning and one in the evening.

** Percent Daily Values are based on a 2,000 calories diet (U.S. FDA Guidelines).

† Daily Value (DV) not established.

*This product is not intended to diagnose, treat, cure, or prevent any diseases.