

# Herbal Concentrate



## A refreshing and exhilarating herbal beverage

For centuries, people have enjoyed the goodness of a hot or cold cup of tea. One of the world's most popular beverages, tea can soothe, refresh, stimulate, calm, enlightened, promote happiness and even promote health, depending upon which tea you choose.

But tea is much more than a refreshing beverage and between-meal snack. In fact, green tea, a key element in Herbal Concentrate, can help protect the body from free radicals, in addition to helping you to lose those unwanted pounds. It provides mixed polyphenols with antioxidant properties and other healthy benefits in addition to the drink's stimulating properties.

Research has found that green tea, one of the oldest beverages known to mankind, may speed up calorie and fat burning in addition to playing a key role in the control of body composition. Researchers at the University of Geneva in Switzerland studied 10 healthy young men for six weeks and in the end found that the men taking the green-tea extract burned more calories than the other men. Researchers believe that compounds in green tea called flavonoids may change how body uses a hormone called norepinephrine, which speeds up the rate calories are burned.

Add Herbal Concentrate to your day and you'll automatically add green tea to your diet!

Tea can also help you reach your weight-management goals. And there's one tea that does just that in an extremely effective manner. Combining ancient herbal wisdom with modern-day ingenuity, Herbalife has formulated ShapeWorks™ Herbal Concentrate. This delicious-tasting tea is an ideal between-meal treat that energises and satisfies. It will calm your cravings so you don't turn to calorie-rich snacks that can throw your weight-management plans off track. ShapeWorks™ Herbal Concentrate isn't just for dieters. It's for everyone who wants to indulge their tastebuds in a refreshing beverages that's good for the body and soul!

## Supplement Facts

Serving Size: 1/2 Tablespoon (1.7 g) Servings Per Container: 30

Amount Per Serving	
Calories	5
	% Daily Value **
Total Fat 0g	0%
Sodium 0mg	0%
Total Carbohydrate 1g	<1%
Protein 0g	0%

## Discussion Points

- **Tea time:** Do you like tea in the morning, noon or at night? ShapeWorks™ Herbal Concentrate taste so good, you may want to sip it all day long and you can! This savoury tea can be enjoyed anytime throughout the day.
- **A delicious introduction to Herbalife:** Impress customers and prospects by serving them a hot cup or cold glass of Original Herbal Concentrate. Within minutes, they'll feel the difference of this energising tea.
- **Combine with other products:** ShapeWorks™ Herbal Concentrate can be used in conjunction with the ShapeWorks™ Weight-Management Programmes and Herbalife's entire line of nutritional products.

## Did you know?

Green tea is one of the most ancient and, next to water, the most widely consumed beverage in the world. This humble drink has been highly valued for centuries because of its health-enhancing benefits. It is rich in antioxidant properties, which can help protect the body from the harmful effects of free radicals.

## Fast Facts

- An exhilarating beverage blended from five, fast-acting natural botanicals.
- Each serving is calorie free.
- Delicious hot or cold
- Complements your ShapeWorks™ Weight-Management Programme.

**Other ingredients:** Camellia sinensis (green tea and orange pekoe tea), fructose malodextrin, cardamom seed extract, lemon peel extract, natural caffeine powder, hibiscus flower and maia sylvestris extract.

**Recommended Use:** Mix 1/2 teaspoon\*\* (1.7g) of ShapeWorks™ Herbal Concentrate with 200 to 240 ml hot or cold water for a refreshing drink.

\*\* Percent Daily Values are based on a 2,000 calories diet (U.S. FDA Guidelines).